

Caregiver Conference: Caring for the Caregiver



Wednesday, Oct. 28; 9:00 a.m. - 12:00 p.m.

9:00 TO 9:30 AM

REGISTRATION, VISITING VENDORS

9:30 - 10:30 AM:

MARY-CATHERINE LUNDQUIST

- PROGRAM COODINATOR, MDIV
- PROGRAM COORDINATOR COPSA INSTITUTE FOR ALZHEIMER'S DISEASE AND RELATED DISORDER, CARE2CAREGIVERS

Presents Managing Challenging Behaviors: Strategies for Preventing and Coping When Caring for a Family Member with Memory Loss

Caring for a loved one with memory loss brings unique challenges, including helping them with activities of daily living and keeping them safe. Family members caring for someone may feel overwhelmed and unsure of how to respond to changing behaviors. During this presentation, we will explore practical, compassionate ways caregivers can understand and navigate these challenging moments, giving you the tools to ease daily stress and keep everyone safe.

10:30- 11:30 AM:

SCOTT BLOOM, ESQ.

- ELDER CARE ATTORNEY

Presents Estate Planning and Asset Protection

Estate planning and asset protection can help families prepare for the costs of long-term care or in-home care for themselves or their loved ones. Scott Bloom, Esq. will discuss and answer your questions regarding Wills, Trusts, Power of Attorney documents, Healthcare Directives, and Medicaid planning strategies. Learn practical tools for thoughtful planning, protecting your resources, and ensuring your wishes are honored when they matter most.

JOIN US FOR THIS INFORMATIVE DAY AND ENJOY FOOD, REFRESHMENTS AND GIVEAWAYS!

THIS PROJECT IS FUNDED UNDER TITLE III OF THE OLDER AMERICANS ACT OF 1965, AS AMENDED, THROUGH A GRANT WITH THE MERCER COUNTY OFFICE ON AGING.

FOR MORE INFORMATION, PLEASE CONTACT:

**STEVEN GUARINO, SENIOR WELL-BEING SPECIALIST, OAKS INTEGRATED CARE AT 609-694-2595.
CALL THE RWJUH HAMILTON HEALTH CONNECTION AT 609-584-5900 OR EMAIL
COMMUNITYEDHAM@RWJBH.ORG**

Event Location:

**RWJ Fitness & Wellness Center
3100 Quakerbridge Rd, Hamilton
Township, NJ 08619**



Please scan the QR Code
to register

