



Agency Fact Sheet 2025: Support. Companionship. Hope.

Our story began with a simple but powerful conviction: everyone deserves to age with dignity, independence, and the support of a caring community. Our founders believed that no older adult or adult with a disability should have to face the challenges of daily life alone. From that belief, a mission was born: to promote independence, dignity, and wellness by connecting those in need with caring volunteers who provide practical support, meaningful companionship, and hope.

Today, that mission remains at the heart of everything we do.

For more than three decades, ICGMC has helped older adults and adults with disabilities maintain their independence, remaining in the comfort, familiarity, and security of their own homes and community. Behind every service provided is a story. Behind every person served is a life filled with experiences, challenges, and hopes. As volunteers deliver groceries, they are providing not just food, but a friendly face and a reminder that someone cares. A ride to a critical medical appointment, a reassuring phone call that eases loneliness, or a helping hand that transforms an overwhelming task into a manageable one have an impact far beyond one day. These simple acts of kindness create meaningful connections and remind our neighbors that they are valued, supported, and never forgotten.

Community Impact:

Since 1994, ICGMC has recruited, screened, trained, and managed more than 3,100 volunteers who have provided nearly **380,000 hours** of free services to **more than 4,400 county residents**.

We proudly present the grand total from our services as exceeding **\$9.7 million** added to the community.

Agency Impact: 2025 Annual Summary

- **ICGMC Agency Community Impact 2025:** Measured impact for total volunteer services in the greater Mercer County area using the standards set by the Independent Sector.
 - People directly impacted by ICGMC services: **708**
 - Hours given to the community: **more than 13,500**
 - Value of 2025 volunteer time: **\$521,357**

Agency Program Summaries – 2025

- **AmeriCorps Seniors - RSVP:** ICGMC is a federally selected host of the Retired and Senior Volunteer Program (RSVP) that encourages retirees to engage in meaningful service to the community. This is an opportunity for our 55+ volunteers to not only participate in our mission but also experience the many healthful benefits that come from building positive relationships through volunteerism.
 - 2025 Active RSVP Volunteers: **164**

- ***Neighbors Helping Neighbors (NHN):*** Volunteers are trained and matched with an aging or disabled member of the community who has requested assistance. Following a rigorous interview, background check, and training process, the volunteer provides free assistance as summarized below.
 - **NHN Care Receivers** – In 2025, NHN volunteers provided essential caregiving support to **231 members of our community**
 - Most are **female** (77%), **live alone** (60%), and are an average of **81 years** old
 - NHN assisted **60 people** (26%) **aged 90** or older to remain in the familiarity of their own homes
 - Evaluated and enrolled **69 new care receivers**
 - **NHN Volunteers** – In 2025, **246 volunteer caregivers** served their neighbors and **52 new volunteers** were recruited, screened, and trained (an increase of 10% over 2024)
 - **NHN Volunteer Services** – In 2025, NHN Volunteers performed **12,467 hours** of service, including:
 - Grocery Shopping: **2,013 hours**, so **85 at-risk people** could have the benefit of fresh food
 - Transportation: **3,243 hours** to/from medical appointments, social activities, or worship for **129 at-risk people** (11% more than in 2024)
 - Visiting/Reassurance/Respite: **3,798 hours** to help **194 people** combat isolation and loneliness
 - Indoor/Outdoor Chores: **840 hours** completing household tasks for **55 people** to make it easier for them to maintain a home
- ***Project Healthy Bones:*** Since 2012, ICGMC has provided free exercise and wellness classes to local seniors at risk of osteoporosis. This research-based program educates seniors about the benefits of exercise, nutritional needs, and lifestyle factors to promote safe bone health and reduce the risk of falls and injuries.
 - In 2025: Offered **7** class options – 2 at new sites; 1 virtual format
 - Increased participants by **22%** to a total of **216**
 - Hours of PHB sessions attended: **3,342**
- ***Home Song:*** This program brings friendship, joy, and comfort to care receivers through music. Trained volunteers conduct home visits and engage care receivers through the power of song, fostering connection, evoking positive memories, encouraging deep breathing, and stimulating the senses.
 - Volunteer time given to Home Song Administration and Practice: **51 hours**
 - Volunteer time given to Home Song Sessions: **33 hours**
- ***Angel Fund:*** The Angel Fund was established to offer emergency financial assistance to care receivers in financial crisis. Funds are typically directed toward the purchase of food, the payment of utilities, medical equipment, or other basic needs.
 - In 2025: Care receivers assisted by the Angel Fund: **44**

As our community's needs continue to evolve and expand, we remain committed to increasing our capacity to meet them. We are deeply grateful to the many faith-based and community organizations that connect individuals to our programs, welcome us into their vibrant communities for outreach and recruitment, and partner with us in serving neighbors who are often overlooked. Together with our supporters, partners, and friends, we eagerly look forward to another year of service, impact, and growth.