

GET INVOLVED... BE A CAREGIVER!

WHO ARE THE VOLUNTEERS?

- Neighbors helping neighbors through their congregations and community groups
- Trained men, women and young adults who give non-medical support to home-bound individuals and to those with physical and mental challenges
- Adults 55 and over are invited to participate in the RSVP (Retired Senior Volunteer Program) sponsored by the Corporation for National and Community Services.



WHO CAN REQUEST SERVICES?

- Seniors and people with disabilities
- Family members, friends or neighbors
- Congregations or community groups
- Home health or social service agencies



WAYS TO HELP BY GIVING

- MAKE A MONETARY GIFT
- REMEMBER US IN YOUR WILL
- MAKE A TRIBUTE GIFT IN HONOR OF OR IN MEMORY OF SOMEONE
- DESIGNATE YOUR MATCHING GIFT TO ICGMC
- SPONSOR A PROGRAM
- ATTEND OUR EVENTS
- GIVE YOUR TIME BY VOLUNTEERING
- VISIT OUR WEBSITE FOR MORE GIVING IDEAS

ICGMC gratefully acknowledges our donors, community, corporate, government, and foundation supporters, including Bristol Myers Squibb, the Corporation for National and Community Services, Church & Dwight EGF, Curtis W. McGraw Foundation, Diocese of Trenton, ETS, Fred C. Rummel Foundation, Glen Eagle Advisors, Harold Wetterberg Foundation, Henry E. Niles Foundation, Investors Bank & Foundation, Janssen Pharmaceuticals, Inc., Karma Foundation, Laurenti Charitable Trust, Lawrence Township Community Foundation, Lebensfeld Foundation, Lillian Pitkin Schenck Foundation, Mary G. Roebling Foundation, Mercer County Office on Aging and the Administration on Aging/Older Americans Act (Title III-B), NJM Insurance Group, Richard Davoud Donchian Foundation, Rose and Louis H. Linowitz Charitable Foundation, Stark & Stark, Wells Fargo Foundation, and many individual donors and corporate supporters.

INTERFAITH *Caregivers* GREATER MERCER COUNTY

NEIGHBORS HELPING NEIGHBORS REMAIN INDEPENDENT



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www.ICGMC.org

ICGMC is a proud sponsor of:



Mission Statement

Interfaith Caregivers of Greater Mercer County, an interfaith coalition, is dedicated to promoting the independence, dignity and wellness of homebound elderly and people with disabilities by matching them with supportive and caring volunteers who assist with the tasks of everyday life.

WHAT SERVICES DO WE OFFER?

- Shopping and errands
- Transportation to appointments
- Friendly visits
- Indoor/outdoor chores
- Minor household repairs
- Occasional meal preparation
- Clerical assistance
- Short-term respite care
- Telephone reassurance
- Health & wellness programs
- Links to other community services
- Community workshops

WHO ARE WE?

Interfaith Caregivers of Greater Mercer County is a coalition of religious congregations and community organizations working together to help seniors and people with disabilities remain in their homes and stay independent.

Interfaith Caregivers helps recruit, train and match volunteers who provide non-medical support services to homebound individuals free of charge.

Interfaith Caregivers strengthens the existing outreach ministries of congregations while also linking them with the network of community health care and social service organizations.

Interfaith Caregivers sponsors community workshops, an educational health and wellness program, Project Healthy Bones, and seminars to increase awareness of local resources and develop skills in serving seniors and people with disabilities.

Interfaith Caregivers was founded in 1994 with a *Faith in Action* seed grant from the Robert Wood Johnson Foundation and with the support of the Trenton Ecumenical Area Ministry (TEAM). ICGMC is a 501(c)(3) non-profit organization.



Need Help?

_____ I would like to be an Interfaith Caregiver volunteer.

_____ I would like to receive assistance from an Interfaith Caregiver volunteer.

_____ I would like to help support volunteer service to the homebound.

Enclosed is my tax-deductible contribution of \$_____ to:

Interfaith Caregivers of Greater Mercer County, 3635 Quakerbridge Rd., Ste. 16, Hamilton, NJ 08619

NAME _____

PHONE _____

ADDRESS _____

CITY/STATE _____ ZIP _____

EMAIL _____

Can Help?